

## Orange circuit - The wine and water trail (110 km / 75 miles)

We hope these directions are helpful, but please note that they are intended to be used strictly in conjunction with a sufficiently detailed map. Feedback welcome of course!

Turn left out of Cubertou's drive and ignoring signs on the right to St Martin le Redon, take a small road branching left towards Cavagnac and the Chateau Lamartine vineyard. Continue following signs to Chateau Lamartine. At the crossroads with the D911 turn left away from Fumel, and then right onto the D8 towards Touzac. After crossing the Lot, go through Touzac to reach Vire sur Lot still on the D8. At the entrance to the village, turn right, and take the D58 through Cahors vineyards as far as Floressas and its castle. From Floressas, go towards Le Boulvé (D58) and at the first junction turn right towards Segos. Continue on this small road as far as St Matré. On reaching the village, turn left and again left at the stop sign towards Montcuq (D656). Park on the main square at the crossroads signposted Montcuq and continue on foot to visit the two natural springs. Retrace your steps as far as the small road on the right, signposted Segos, the one on which you arrived by car and which leads down to the first spring, on the bend, under the bridge parapet. Follow this little path on down alongside the stream to reach a small road leading to a private mill. Turn right along an unpaved track to climb back up to St Matré. Fork left to see the second spring with its fine semi-circular wall. Return to the village and your car. Leave the car park taking the first road on the left signposted Montcuq (D4).

Cross Belmontet and continue towards Montcuq. (As you leave the village you can visit the Servat lavender distillery and museum-shop by turning right onto the D23, and then retracing your steps.) On your left, the castle of Ladevie and its hamlet, and a few hundred metres on, take a small road on the left to the hamlet of **la Brigueurie**. Cross the hamlet and park on the left; the spring is below the road on the side of the D4. (Turn back a little and take a small grassy path just beyond the wall of a house to drop down 20 metres to the spring).

Return to your car and rejoin the D4 as far as Montcuq, with on your right the **lake of Saint-Sernin**.

After visiting medieval Montcuq, return to the D673 towards Puy l'Evêque (D28). The road lead up to the plateau and you may be able to visit the **Grotte de Roland** depending on the season. Continue on the D28 and in the valley, turn right towards Sauzet (D23) and then take a small road on the left (no sign!) until you reach the D565 after crossing the hamlet of Boliva (turn right on reaching the hamlet, then left).

On leaving **Boliva**, take the road opposite (C4) towards Belaye. After 1.5 km, at a fork, turn left and follow signs to La Tuque. 5 kms on, at another fork, turn left onto the D50 and admire some fine Quercy houses and the so-called "bread oven" church.

In Balaye, with its views over the Lot valley and vineyards,, take the D50 to the valley. Turn left onto the D8 as far as Lagardelle and continue on the D237 and the D207 as far as Grézles, passing through Pescadoires (vinegrowers house, and a Romanesque church with a curious belltower). Visit Grézels and take the D44 to Puy l'Evêque, allowing time to walk round this fine medieval town. From Puy l'Evêque townhall square, leave on the C7 towards Cassagnes, visiting the church and wash house of Martignac on the way. Drop downj onto the D673 turning left onto it towards Fumel. Follow signs on the left for Montcabrier if you haven't already visited this quiet little bastide and then return to the D673. Turn left up Cubertou's drive opposite a house with white railings, just before Saint Martin le Redon village appears in the valley on the right.